

Resource and Referral Directory

Psychotherapist (adult)

Edward Richards, M.A., L.P.C. 213-766-9200
(contact Edward for child and adolescent referrals)

Support Groups/Resources (general):

Alcoholics Anonymous (general# for AA &NA groups) 800-662-4357

Al Anon/Al Ateen 214-363-0461

Cocaine Anonymous 800-347-0461

Depression Support Group (at Unity Church) 972-233-7106

Divorce Support Group 214-826-9922

Elder Support Groups

-AARP

214-346-9221

-Senior Citizens of Greater Dallas

214-823-5700

Gay and Lesbian Alliance 214-528-4233

Greater Dallas Council on Alcohol and Drug Abuse 214-522-8600

HIV & AIDS

- Resource Center of Dallas

214-528-0144

- Legacy Counseling

214-520-6308

- Nelson-Tebedo Clinic

214-528-2336

Incest Recovery Services 214-941-1991

My Guardian Angel (support for children 7-14) 214-887-0069

Narcotics Anonymous 972-699-9306

National Alliance for the Mentally Ill (NAMI) 800-633-3760

National Foundation for Depressive Illnesses 877-417-3661

Obsessive-Compulsive Disorder Anonymous 516-739-0662

Overeaters Anonymous 972-238-0333

Ronald McDonald House	214-631-7354
Runaway Hotline	888-580-4357
Sex Addicts Anonymous	972-558-1624
Survivors of Suicide	214-824-7020
Texas Council on Problem and Compulsive Gambling	800-742-0443

Support Groups (health related)

Alzheimer's Association	214-827-0062
American Cancer Society	214-631-3850
American Diabetes Association	800-342-2383
American Foundation for the Blind	214-352-7222
American Heart Association	214-748-7212
American Lung Association	214-631-5864
American Parkinson Disease Association	214-345-4224
Brain Injury Association of Texas	800-392-0040
Crohn's & Colitis Foundation	972-243-8959
Cystic Fibrosis Foundation	214-871-2222
Dallas Lighthouse for the Blind	214-821-2375
Deaf Action Center	214-521-0407
Epilepsy Foundation	214-823-8809
Leukemia & Lymphoma Society of America	972-239-0959
Muscular Dystrophy Association	972-480-0016
National Kidney Foundation	214-351-2393
National Multiple Sclerosis Society	800-344-4867
United Cerebral Palsy of Dallas	214-351-2500

Crisis Intervention Resources:

AIDS Hotline	800-342-2437
Crisis/Suicide Intervention (24 hr crisis counseling)	214-828-1000
Rape Crisis and Child Sexual Abuse Center	214-590-0430
Teen Challenge of North Texas	214-824-6181
Victims Outreach	214-358-5173

Domestic Violence:

Brighter Tomorrow Shelter	972-262-8383
Collin County Women's Shelter	972-422-7233
Genesis Women's Shelter	214-942-2998
Women's Resource Center	972-262-0506

Substance Abuse Resources:

Adult:

Dallas County Residential and Outpatient (private pay and indigent)	
Turtle Creek Manor	214-522-7930
Homeward Bound	214-941-3500
Nexus (women only)	214-321-0156

Residential treatment (insurance and private pay)

Grapevine Valley Hope (Grapevine, Tx)	800-544-5701
Starlite Recovery Center (Center Point, Tx)	800-292-0148
Summer Sky (Stephenville, Tx)	888-857-8857
Sundown Ranch (Canton, Tx)	903-479-3933

Outpatient Detox

Solace	214-522-4640
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Adolescent:

Inpatient Treatment	
Seay Center	972-981-8300

Residential and Outpatient (insurance, private pay and indigent)

Holmes Street	214-421-7580
Phoenix House	214-920-1628
Imagine Programs	972-423-6007

Residential treatment (insurance and private pay)

Starlite Recovery Center (Center Point, Tx)	800-292-0148
Summer Sky (Stephenville, Tx)	888-857-8857
Sundown Ranch (Canton, Tx)	903-479-3933

Eating Disorders:

Information and Support:

The Elisa Project	214-369-5222
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Adult Programs:

Inpatient and Outpatient	
Presbyterian Hospital	214-345-7355
Timberlawn Hospital	214-381-7181
Meninger Clinic (Houston, Tx)	800-351-9058
Sante Center for Healing (Argyle, Tx)	800-258-4250

Child and Adolescent Programs:

Children's Medical Center	214-456-5900
Sundance Behavioral Healthcare Center (Ft. Worth)	817-222-9191

Psychiatric Hospitals

Green Oaks	972-991-9504
Hickory Trail	972-298-7323
Methodist Richardson	972-231-1441
Parkland Psych ER	214-590-8761
Presbyterian	214-345-5590
Timberlawn	214-381-7181
Zale-Lipshy	214-630-7285